

THE BOUGIE, AN HELP FOR DIFFICULT INTUBATION

BOUGIE OF TRACHEAL TUBE INTRODUCER

Device that guides the endotracheal tube into the trachea

Particularly helpful in cases of difficult intubation



Improves success rates in difficult intubation scenarios



Has proven beneficial in neonatal intubation



Especially for patients with congenital anomalies

Such as Pierre Robin Syndrome





GUIDELINES RECOMMENDATIONS:

Include a bougie in the difficult airway kit alongside standard neonatal resuscitation equipment



Bougie ≠ Stylet

A stylet is designed to stiffen the tracheal tube and should not be used as a bougie

Sources: British Association of Perinatal Medicine (BAPM). Managing the difficult airway in the neonate: a BAPM framework for practice. Published 2020. Accessed March 27, 2025. Available at: www.bapm.org/resources/199-managing-the-difficult-airway-in-the-neonate

National Neonatal Network (NNN). Guideline Difficult Airway Management. Published April 2023. Accessed March 27, 2025. Available at: https://perinatalnetwork.scot/wp-content/uploads/2023/04/National-Neonatal-Network-Difficult-Airway-Management-2023.pdf

Government of Western Australia Child and Adolescent Health Service. Guideline Difficult Airway (Neonatal). Published December 2024. Accessed March 27, 2025. Available at: https://www.cahs.health.wa.gov.au/~/media/HSPs/CAHS/Documents/Health-Professionals/Neonatology-guidelines/Difficult-Airway-Neonatal.pdf