

# DRESSING PROCEDURE

1. Wash and dry hands and put on a pair of clean gloves.
2. Prepare the patient, explain the procedure and gain consent.
3. Clean and set dressing trolley.
4. Remove old dressing and discard immediately.
5. Observe exit site for signs of infection - redness, discharge and/or warmth.
6. Wash and dry hands again or use an alcohol rub and put on a new pair of sterile gloves.
7. Clean the exit site with chlorhexidine 0.5% or above and 70% alcohol for at least 30 seconds and allow to dry completely.
8. Apply a stabilising device if applicable, such as subcutaneous anchor securement system.
9. Secure the catheter with a new dressing.
10. Document the procedure and any issues encountered.